

Our Lady and St Joseph's Catholic Primary School

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Website: <http://www.ourlady-stjosephs.rotherham.sch.uk/>

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Headteacher: Mrs M Evans Associate Headteacher: Mrs E Janvier

Friday 19th November



COVID update

We continue to have a number of positive COVID cases in school among both children and adults.

In line with Government guidance in school we will be maintaining these four control measures:

- Ensure good hygiene for everyone.
- Maintain appropriate cleaning regimes.
- Keep occupied spaces well ventilated.
- Follow public health advice on testing, self-isolation and managing confirmed cases of COVID-19.

In addition, because of the continuing high rate in the community and the cases in school, we are maintaining mask wearing for adults in shared spaces and social distancing between staff in different key stages. We are also considering how best to share Christmas Performances with families and will share with you as soon as possible.

Book at Bedtime

This virtual event will be for Foundation Stage parents/carers on the evening of Thursday 9th December 5:30-6:30. The first part of the session will be for adults sharing information about reading with your child at home. At 6pm, children are invited to join the session for a live Book at Bedtime story reading. FS parents/carers will receive a link for this session and we hope as many as possible will be able to join us.

Attendance

Congratulations to Y2 this week with a winning attendance of 99%.

Whole School Attendance this week: 96%

Dates for your Diary

Sunday 21st November – Christ the king.

Children leading music in church at 11:15

Tuesday 23rd November – FS Gardening 3-4pm. Registered children only

Wednesday 24th November – Girls' Football. Registered children only

Thursday 25th November – Y5 to SPX Technology Day

Thursday 25th November – VEX. Registered children only

Friday 26th November – Y2 Art Club. Registered children only

Friday 26th November – Young Voices. Registered children only

Friday 3rd December – Own Clothes Day for chocolate tombola

Tuesday 7th December – Y5 to Pantomime at Wath Academy

Wednesday 8th December – Christmas Fayre

Wednesday 15th December – Christmas clothing Day, Santa Dash and Christmas Dinner

Friday 17th December – Christmas Party Lunch

School will close at 2pm on Friday 17th December

Christ the King

Sunday is the Feast of Christ the King and all children are invited to lead the singing in St. Joseph's Church at 11.15 Mass. Children should arrive at church at 11am. Children do not need to wear school uniform but should be smartly dressed for the occasion. Mass will last approximately an hour. Please note that all children must be accompanied by an adult.

Community Energy Support Scheme

Rotherham Council has now supported residents with the Community Energy Support Scheme for almost 5 months now. The Lockdown hit families across the borough very hard, as we start to move into a cold winter the council continues to offer direct energy support to those most at risk from fuel poverty.

Through the scheme Rotherham residents can:

- Get help in applying for energy support payments/home improvement grants such the governments Eco-3 scheme.
- Obtain guidance regarding the current state of the energy price crisis and where they stand with domestic suppliers.
- Receive support in understanding their gas/electric bills and with any other energy related problems.

Parents/carers can now contact the Community Energy Officer at the following link:

<https://www.rotherham.gov.uk/energy-climate-change/community-energy-rotherham/1>



Christmas Fayre

This will take place on Wednesday 8th December. In the afternoon children will be able to visit stalls and activities in the school hall. At the end of the day there will be stalls on the KS2 playground for parents/carers to visit with children. Santa will be arriving during the afternoon and you will be able to book a visit closer to the time! Friday 3rd December will be an Own Clothes Day in return for chocolate for the chocolate tombola.

School Lunches and Healthy Eating

Our School Council met with colleagues from the School Meals Service last week and you will find their report later in this newsletter. Please remember that water bottles for during the day should only contain water and children can refill these at the water fountain. Children can bring juice with packed lunches. Playtime snacks should be fruit or breakfast bars only. Fruit is available for all FS and KS1 children.

The Jess Cup

Congratulations to Emily Nazari who was last week's winner of the Jess Cup! Well done!



Punctuality

The gate is open between 8:30 and 8:45pm. Please ensure children arrive on time for school to start at 8:45.

Forest School at Prestige Printers

Prestige Printers in Swinton are able to put our Forest School embroidered label on royal blue sweatshirts for children to wear on Forest School days. You can either buy the sweatshirt with the label (prices are on the attached leaflet) or take your own plain royal blue sweatshirt and have the logo put on at a cost of £3.95 per item. You can also order online using the following link.

<https://prestige-printers.co.uk/ordering/>
Please note that this is entirely optional.



Week 1 15/11/21 06/12/21 10/01/22 31/01/22 28/02/22 21/03/22	Monday	Tuesday	Wednesday	Thursday	Friday
	Lasagne (H/M)	Burger in a Bun	Chicken Pie (H/M)	Roast Pork with Sage & Onion Stuffing	Fish Fingers
	Quorn Tacos (H/M) (V)	Salmon Fishcake (H/M)	Cheese & Tomato Pizza (V)	Vegan Raviolini & Crusty Bread	Quorn Sausage & Bean Plait (H/M) (V)
	Chilled Choice – Tuna Mayonnaise	Chilled Choice - Cheese	Chilled Choice - Ham	Chilled Choice - Turkey	Chilled Choice – Egg Mayonnaise
	Jacket Potato with Tuna	Jacket Potato with Tuna	Jacket Potato with Tuna	Jacket Potato with Tuna	Jacket Potato with Tuna
	Jacket Potato with Cheese	Jacket Potato with Cheese	Jacket Potato with Cheese	Jacket Potato with Cheese	Jacket Potato with Cheese
	Garlic Bread Savoury Rice	Potato Wedges	Diced Potatoes	Roast & Creamed Potatoes	Chips
	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
	Jam Whirl & Custard	Lemon Drizzle Cake	Flapjack	Chocolate & Orange Sponge & Chocolate Sauce	Fruity Moose Pots
	Rice Crispy Bun & Juice	Ice Cream & Fruit	Cookie & Milk	Australian Crunch	Cookie & Milk
. Salad, Fresh Fruit, Yoghurt and Milk are all available every day . All food oven baked wherever possible . Bread available daily . All desserts are made on the premises.					

Week 2 22/11/21 13/12/21 17/01/22 07/02/22 07/03/22 28/03/22	Monday	Tuesday	Wednesday	Thursday	Friday
	Chicken Tikka Masala & Naan Bread (H/M)	Sausage & Yorkshire Pudding	Chicken Fajitas (H/M)	Roast Gammon Served with Pineapple	Battered Fish
	Cheese Plait (H/M) (V)	Quorn Burger (V)	French Bread Pizza (V)	Quorn Tortilla Stack (H/M) (V)	Cheese & Broccoli Quiche (H/M) (V)
	Chilled Choice – Tuna Mayonnaise	Chilled Choice - Cheese	Chilled Choice - Ham	Chilled Choice - Turkey	Chilled Choice – Egg Mayonnaise
	Jacket Potato with Tuna	Jacket Potato with Tuna	Jacket Potato with Tuna	Jacket Potato with Tuna	Jacket Potato with Tuna
	Jacket Potato with Cheese	Jacket Potato with Cheese	Jacket Potato with Cheese	Jacket Potato with Cheese	Jacket Potato with Cheese
	Boiled Rice Diced Potatoes	Sliced Potatoes	Savoury Rice Potato Wedges	Roast & Creamed Potatoes	Chips
	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
	Iced Sponge & Custard	Lemon Shortcake & Custard	Chocolate Brownie	Fruit Crumble & Custard	Cupcake
	Cookie & Milk	Bun & Juice	Ice Cream & Fruit	Cookie & Milk	Chocolate Mousse
. Salad, Fresh Fruit, Yoghurt and Milk are all available every day . All food oven baked wherever possible . Bread available daily . All desserts are made on the premises.					

Week 3 29/11/21 03/01/22 24/01/22 14/02/22 14/03/22 04/04/22	Monday	Tuesday	Wednesday	Thursday	Friday
	Pasta Bolognese (H/M)	Chicken Enchilada (H/M)	Cottage Pie (H/M)	Roast Chicken with Sage & Onion Stuffing	Fish Fingers
	Quorn Slice (H/M) (V)	Quorn Hot Dog (V)	Cheese & Tomato Pizza (V)	Cheese & Potato Layer (H/M) (V)	Quorn Calzone (H/M) (V)
	Chilled Choice – Tuna Mayonnaise	Chilled Choice - Cheese	Chilled Choice - Ham	Chilled Choice - Turkey	Chilled Choice – Egg Mayonnaise
	Jacket Potato with Tuna	Jacket Potato with Tuna	Jacket Potato with Tuna	Jacket Potato with Tuna	Jacket Potato with Tuna
	Jacket Potato with Cheese	Jacket Potato with Cheese	Jacket Potato with Cheese	Jacket Potato with Cheese	Jacket Potato with Cheese
	Garlic Bread Sliced Potatoes	Savoury Rice Diced Potatoes	Potato Wedges	Creamed Potatoes	Chips
	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
	Orange & Lemon Sponge & Custard Cookie & Milk	Chocolate Crunch Ice Cream & Fruit	Fruit Jelly Cornflake Bun	Chocolate Sponge & Custard Cheese & Biscuits	Cookie & Milk Strawberry Mousse
• Salad, Fresh Fruit, Yoghurt and Milk are all available every day • All food oven baked wherever possible • Bread available daily • All desserts are made on the premises.					

School Council Meeting 12.11.21

We met with Allison (the head of Rotherham school meals service) and her assistant Laura. We talked about the school meals being healthier for children and staff. Allison and Laura talked about what we should have on our plate. They shared the “Eatwell Guide” that we might use so children know what to have more of and less of. The “Eatwell Guide” tells you what foods are vegetables, fruits, carbohydrates, proteins and dairy and how much of each you should have. They suggested we could use the guides as placemats so children can see if they are eating the right amount of each food type. Here are some examples of vegetables: carrots and sweetcorn. Some examples of fruits: strawberries and apples. Some examples of carbohydrates: pasta and bread. Examples of protein: eggs and fish. Finally, examples of dairy: cheese and milk.

We talked about our worry that there are a lot of sugary puddings but everybody really likes them. Allison said that the School Meal Service had changed the recipes so that all puddings now have 30% less sugar although you can’t tell when you taste them. She also said that if they couldn’t use less sugar they had reduced the portion size.

We were also concerned that lots of children were eating a lot of pasta from the salad bar and not enough salad. Allison said that there will be changes to the salad bar and the meals. She said pasta could move to the hot trolley as a choice instead of potatoes or rice. That means that the portion size would be limited and that you could have hot pasta as a choice with your lunch. She also suggested that we had monitors for the salad bar who could help children make healthy choices.

We also asked about hiding vegetables in other food as a way of getting children to eat more of them. Allison said that this already happens. We tasted some cupcakes that are being developed by the School Meals Service which had hidden vegetables in them and voted on our favourite.

Before the meeting, each class voted on what vegetables, salad and fruit they want. Allison and Laura will count the votes and put the most popular ones on for most of the time.

In the last meeting we also talked about the possibility fruit bowls on the table for packed lunch and school meals. The fruit bowls could have a variety of fruit that children voted for.

Year 6 school councillors: Violet, Jaime and Esme